Safely Backup Your Critical Documents

What, Where, How

Stepping into the Cloud



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Today's Speakers

Suzanne Tateosian

BNN board member and owner of Earth Shakes Suzanne@BurlingameNetwork.org

Bryce Martens College of San Mateo, Computer & Information Science Faculty







- 1. Why backup documents
- 2. What? What should you store?
- 3. Preparing documents for storage
- 4. Where? Storage locations
- 7. Cloud security
- 8. Resources
- 9. Q&A, Wrap

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Agenda

5. How? Demo - Storing in the Cloud, and in App-based Notes storage

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Why backup your documents?

Backing up your critical document and family keepsakes, protects them with redundancy.

Rest easy, knowing your important files are backed up in case of loss from fire/water. Or should your computer be damaged or stolen.

"Remember, when disaster strikes, the time to prepare has passed." Steven Cyros

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"It wasn't raining when Noah built the ark." Howard Ruff



ID, Licenses, Certifications for Each Family Member & Pets

Driver's License / ID Social Security Card Passport Birth & Death, Marriage certificates Work Permits / Licenses Veteran/Discharge papers Gun permit **Immigration** papers Emergency Contact List (Phone, Email) Pets (adoption, medical / vaccination docs)

Photos & Videos

Current Photos of each family member + pets Important family pictures (keepsakes) Documentation of valuables (video or photo inventory)

Select your Documents

Other Important Information

Bank / Investment accounts Credit Card accounts **Business Records Income Tax Returns** Employment contracts, pay stubs Stock and Bond certificates Collections or jewelry documentation Home/Auto Insurance policies, Agent data Trusts, Wills, Legal & Medical Power of Attorney Real Estate deeds, mortgage papers Auto pink slip, registration, loan, service records Rental / lease agreements

Medical Records

Medical team / Dr. contacts for family Medical history records, for family members Vaccination records, allergies, blood types Health Plan data Advance Directives, Med Power of Attorney ICE phone contact (In Case of Emergency)

For specific medical conditions:

Consider creating a computer document titled "ICE" (in case of an emergency) to capture important details about any medical circumstances that emergency medical personnel may need to know. Backup a copy of this ICE document..

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Preparing Documents for Storage

Desktop scanners - Great for large jobs Automatic document feeding and two-sided scanning are valuable features.

Smartphone scanning apps - For small jobs these are quick

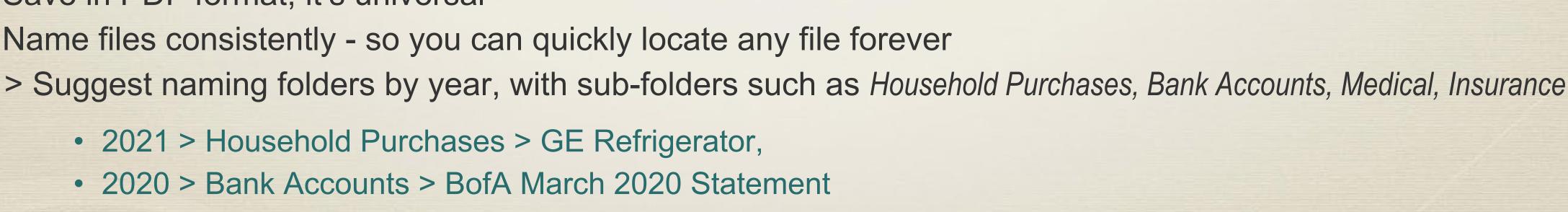
- These apps automatically re-size images, and deliver good contrast
- And apps export images directly to your email or cloud storage

Scanning services - Copy shops, UPS, FedEx (\$.10-.20 per page)

Tips

- Save in PDF format; it's universal
- Name files consistently so you can quickly locate any file forever
 - 2021 > Household Purchases > GE Refrigerator,
 - 2020 > Bank Accounts > BofA March 2020 Statement









Scanning Apps for Mobile Phones

Best document scanning app reviews (2021) for digitally archiving files with mobile devices

- Create multi-page PDF documents
- Apps use your smartphone camera to create documents

https://www.techradar.com/best/best-document-scanning-apps

Genius Scan Adobe Scan Scanbo **Scan**bot CamScanner

Abbyy FineScanner

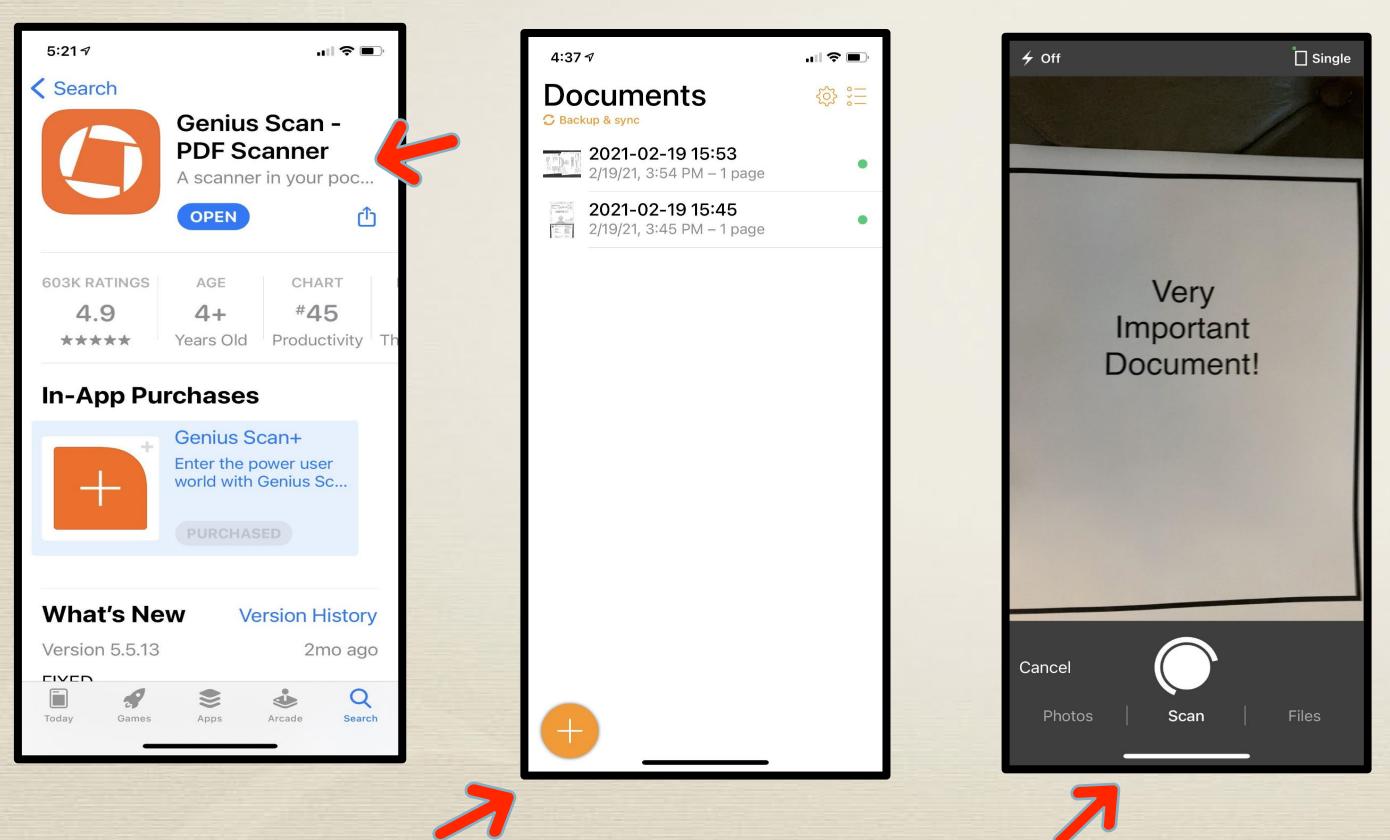




Genius Scan Tutorial <u>GeniusScan tutorial: https://www.youtube.com/watch?v=MopaBFfXQ04</u>

Download Genius Scan from the App store. Open the App and register.

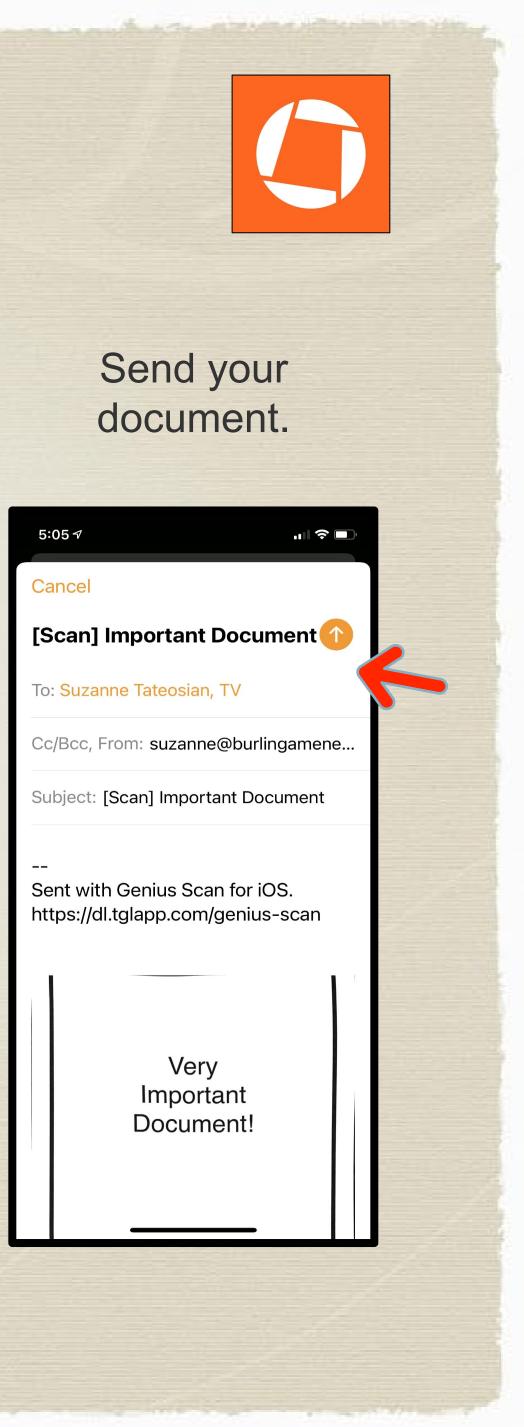
Click the "+" icon to get started.

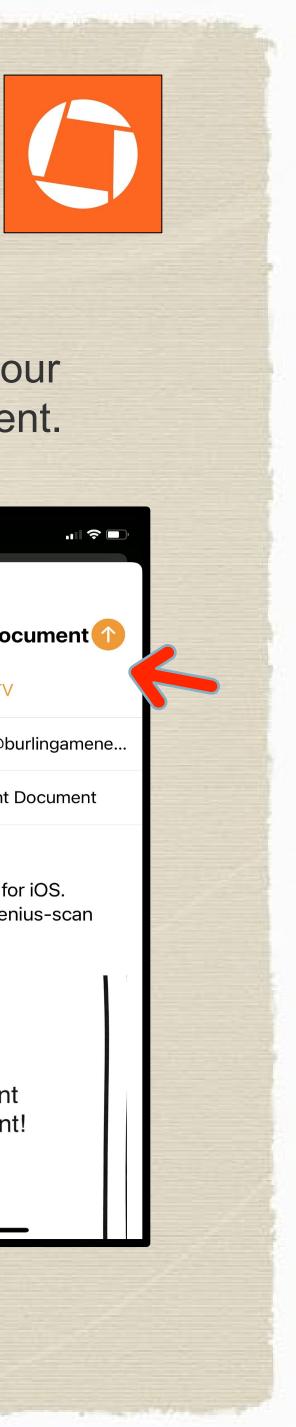


Line up your document in the screen and click the "scan" icon.

Select where you want to send your document (i.e. email).

4:55 7	
Cancel Export document	
Format	PDF >
Resolution	Actual (211 KB) >
Password	No password >
Export to	
i Email	
Evernote	
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ConeDrive	
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b Box	
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Storage Locations Consider a combination!



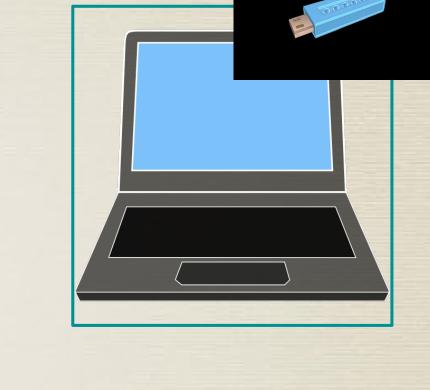


- Hardcopy binder
- External hard drive
- Cloud/Internet Storage (on remote servers)

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• Your computer (internal hard drive, or flash drive)





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Hardcopy Binder storage

Tried and true, this works, too!

- Organize into categories
- Collect in a binder or file box
- Store off-site (family member's house)

- Simply make photocopies of documents and photos.



Data Digital Storage Choices

Computer Hard Drive

Save your documents on the hard drive in your laptop or desktop computer.

Flash Drives

You can plug in a small portable USB flash drive, and save limited file volumes to that device as another location option. Then store offsite in a secure place. Caution: While flash drives are affordable they are not always durable, and they can be easily misplaced - so not recommended for long-term data storage.

External Hard Drive

You can backup your entire hard drive, and even set up automatic backup.

Connect the external hard drive and use your computer's built-in sync capability to download files to the external hard drive (Windows Backup, or Mac Time Machine).

Popular brands: Seagate, Western Digital, Lenovo (cost ~ \$70 for 1 terabyte)

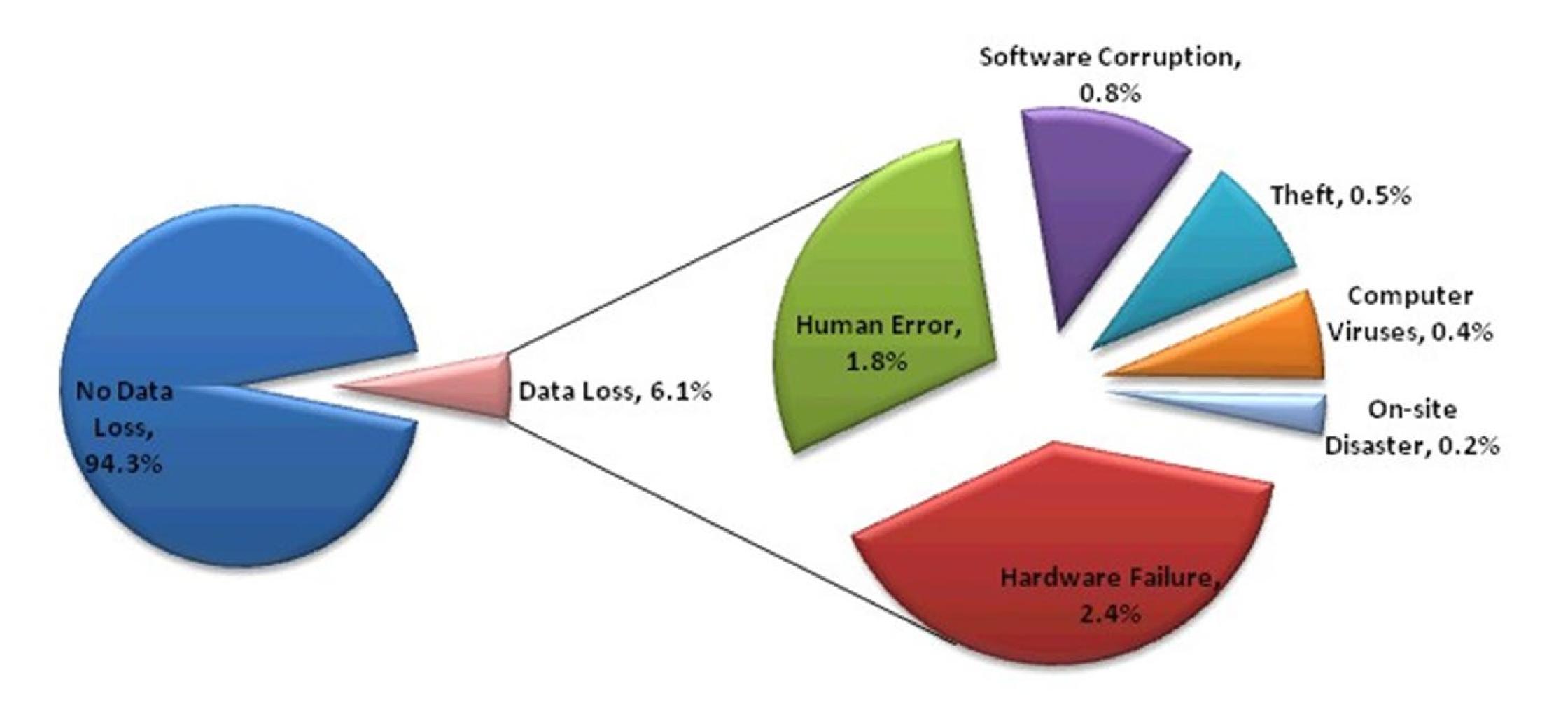
Store off-site and in a secure place (i.e. fireproof safe)





Likelihood of Data Loss Incidents in One Year per PC

Source: The Cost of Lost Data, David M. Smith, Graziadio Business Report, Pepperdine University



Backup Software Products



Cloud / Internet Storage

To store online, you need to sign-up for a cloud storage service account.

Cloud services offer:

- Online servers are safer (more hazard and theft protection) than a hard drive
- Basic free storage, then reasonable subscription fees for added space
- Data can be accessed from anywhere via internet, on laptop, tablet, cell phone
- Most allow you to share files with anyone you choose
- Some allow you to take notes in addition to document/data storage

Established Cloud Storage Service providers include:

Digital Safety Deposit Box, Apple Notes, GoogleKeep and many others

→ iCloud, Google Drive, MSOneDrive, Box, iDrive, Nextcloud, MegaBackup, Drop Box, Evernote, CertainSafe



Cloud Security

Cloud storage services should protect your documents with end-to-end encryption. A big, established provider is recommended, no reason to try a startup. Consider:

- Security protections once data leaves your device
 - Encryption to safeguard if breached, is there encryption during migration?
- How will your data be managed and stored
- Access to data timeliness and cost





Demo: Storing in the Cloud

Bryce Martens Microsoft OneDrive Google Drive

Suzanne Tateosian

iCloud Document Storage **Evernote Document and Notes Storage**

Now we'll demonstrate how to store a document using different services ...



Resources

How to organize critical documents: https://theprovidentprepper.org/how-to-organize-critical-documents-for-emergency-evacuation

Document storage options:

https://www.nytimes.com/wirecutter/blog/5-cheapish-things-backing-up-your-stuff/

Cloud storage of documents and file sharing services: https://www.pcmag.com/picks/the-best-cloud-storage-and-file-sharing-services

Cloud storage with App-based notes and documents services:

https://zapier.com/blog/best-note-taking-apps/ https://www.techradar.com/best/best-note-taking-app

Scanning Apps for smart phones review:

https://www.techradar.com/best/best-document-scanning-apps

Scanning App tutorials

GeniusScan tutorial: <u>https://www.youtube.com/watch?v=MopaBFfXQ04</u> Adobe Scan tutorial: <u>https://www.youtube.com/watch?v=tsDuKTnRGuU</u> Scanbot tutorial: <u>https://www.youtube.com/watch?v=kvo6ItOJeFo</u> CamScanner tutorial: https://www.youtube.com/watch?v=iZRaIwludu8 Abbyy FineScanner tutorials: <u>https://www.youtube.com/watch?v=mfR0IXO_MV0</u> https://www.youtube.com/watch?v=XvNgsRUygIo

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Resources

Established Cloud providers

- iCloud Apple offers users 5GB free; Windows/PC users can sync with iCloud Drive
- Google Drive 15GB free; syncs with Android, Windows and Mac use with desktop app for easy drag-and-drop
- MS OneDrive offers 5GB free; via Windows file explorer, or Android and IOS access through an app; includes free access to MS Office Online (Word, Excel, PowerPoint, OneNote)
- Dropbox offers 2GB free, personal subscriptions available
- Evernote for the ultimate digital notebook free subscription, premium services available
- Microsoft OneNote for a free note-taking and document storage app
- Apple Notes for Apple users
- Google Keep for Google power users

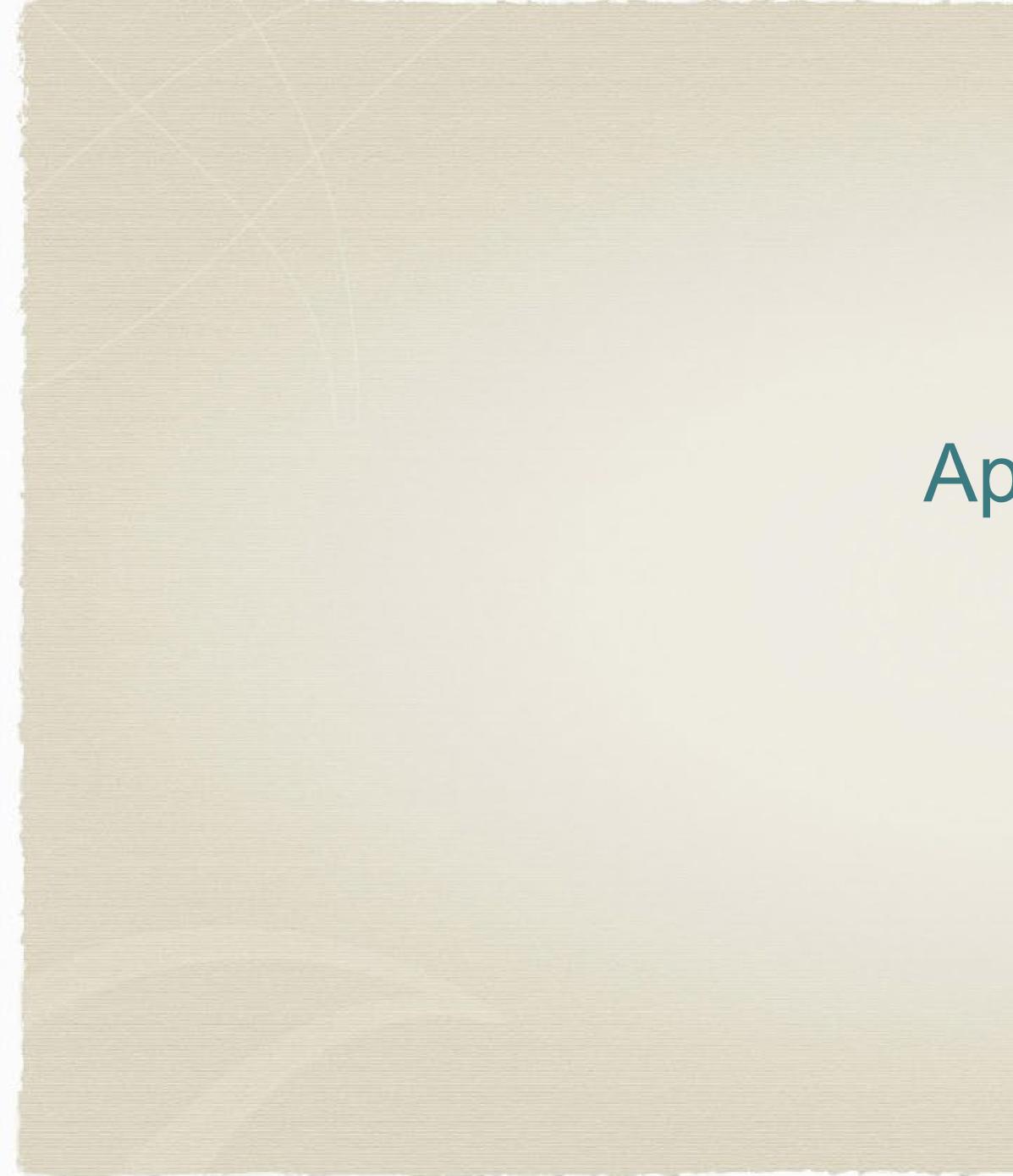
Also: Box, iDrive, Nextcloud, MegaBackup, and plenty of other services.



Questions Welcome

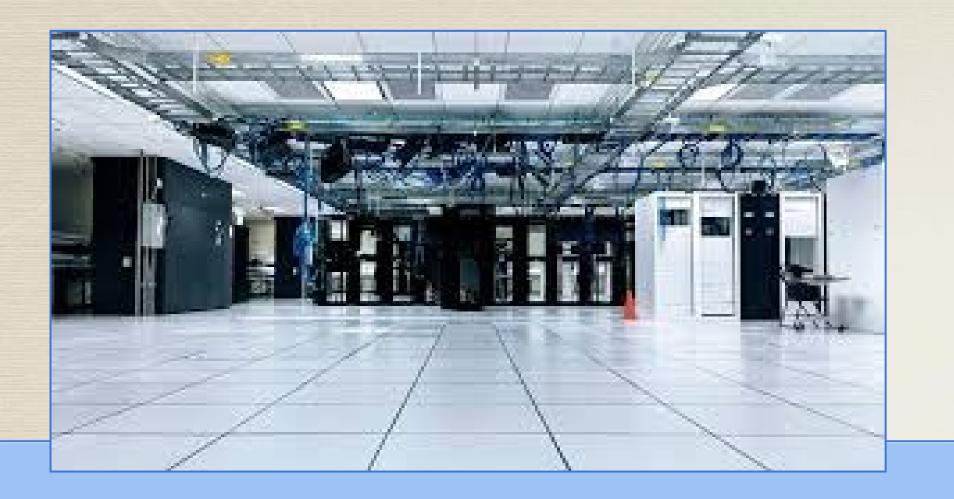
Thank You



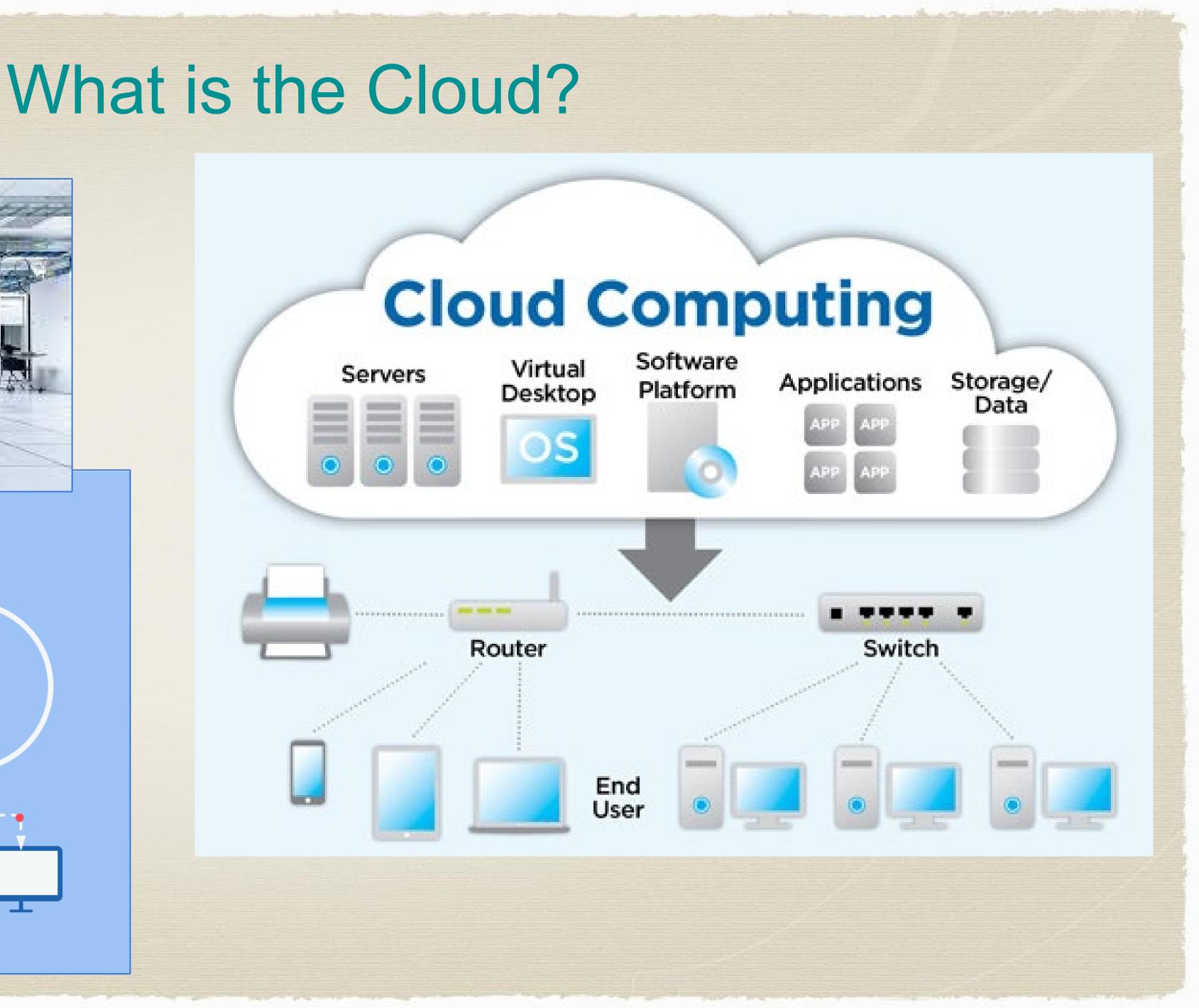


Appendix



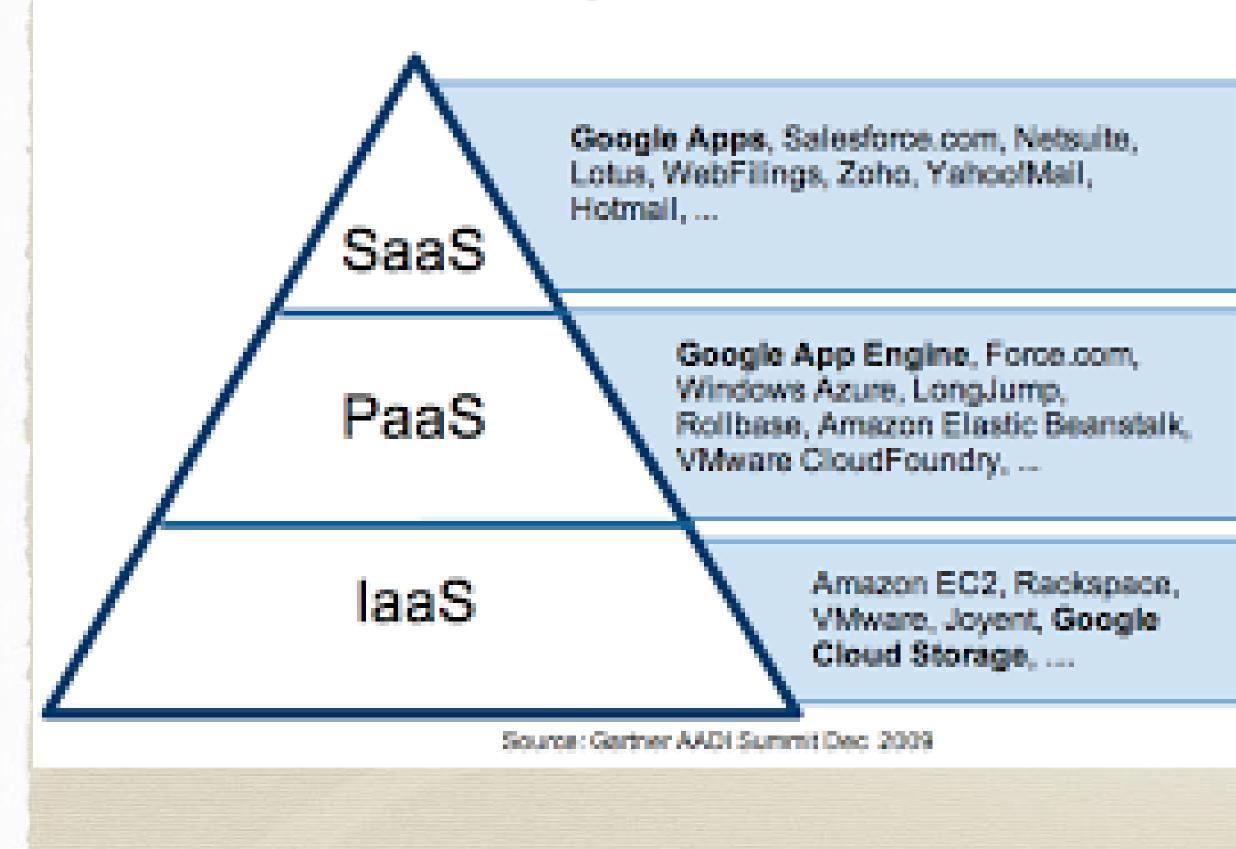


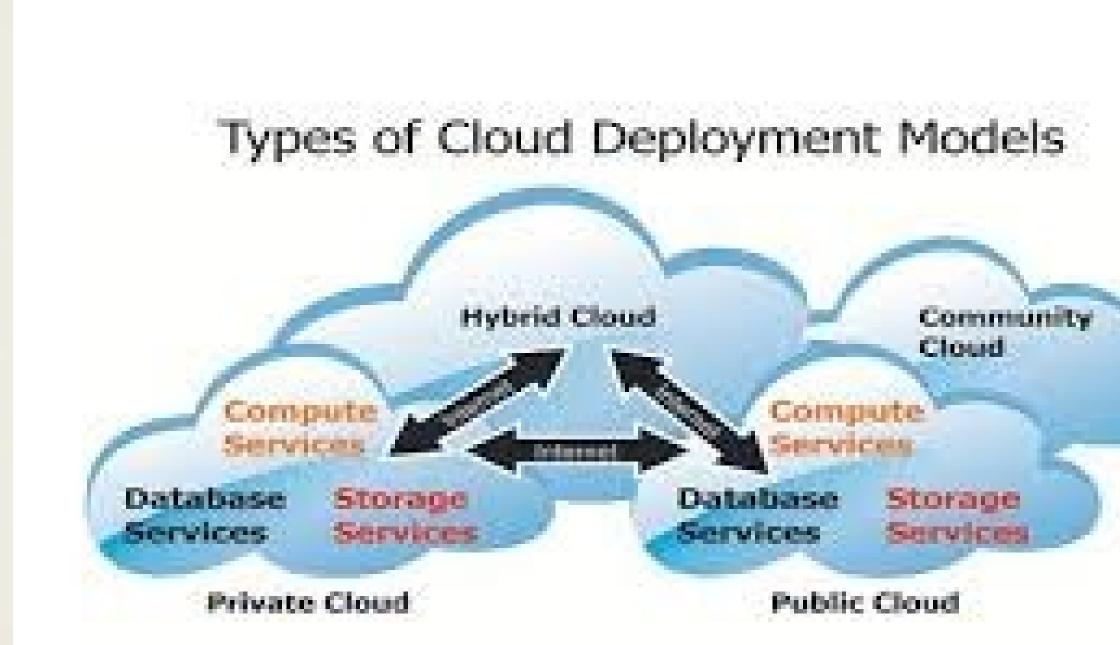




What is the Cloud? Don't think we need this slide, just for our discussion today...

Cloud Computing as Gartner Sees It







In Real Life

A few years ago, we had to evacuate because of wildfires. While my neighbors were loading their cars with large, heavy boxes of files, I just grabbed a drive full of my digitized documents - and had more room in the car for other items.

Scott Kramer, Southern California resident



Storing Documents in the Cloud

Cloud Storage Services Options

PC Mag Best Document & File Sharing Services

https://www.pcmag.com/picks/the-best-cloud-storageand-file-sharing-services

- Microsoft OneDrive
- Drop Box
- CertainSafe Digital Safety Deposit Box

Documents storage and file sharing services:

If you're working from home, there are few things more important than sharing your work documents remotely with fellow team members.

Online file storage, syncing, and sharing services can play a huge role in accomplishing this.

Techradar

Best Note-Taking Services (with document storage)

https://www.techradar.com/best/best-note-taking-app

- Evernote for the ultimate digital notebook
- Microsoft OneNote for a free note-taking app
- Apple Notes for Apple users
- Google Keep for Google power users

Documents and note storage services:

The beauty of cloud storage servers with note technologies is that a copy of my documents are stored on the servers, and backed up by them. However, unlike some other cloud services (e.g., Google Calendar), my data is also stored locally on my hard drive as well. I can also create notes to accompany my documents.

