

Are You Ready?



Emergency Preparedness and Crime Prevention Programs in Burlingame

The City of Burlingame offers a variety of free alert notifications and training opportunities to help you and your family be prepared for emergencies of all kinds. Emergency preparedness is a shared responsibility. You should be prepared to be self-sufficient following a disaster for at least seven days while emergency responders deal with the most critical problems.

CONTACTS

Emergencies: 9-1-1

When using a cell phone to report an emergency, dial (650) 692-0310. Program this number into your cell phone.

Burlingame Police Department (non-emergencies):
(650) 777-4100

Central County Fire Department (non-emergencies):
(650) 558-7600

Burlingame Parks & Recreation Department:
(650) 558-7300

FREE ALERTS

SMC Alert: <http://smcalert.info>

Emergency alerts sent to all text-based devices such as cell phones, PDAs and computers

CrimeReports.com: www.crimereports.com
Notification of crimes in your area

Burlingame's e-Newsletter:
www.burlingame.org/signup

Free newsletters about city issues and events

HELPFUL WEB SITES

Emergency info and other helpful city contacts:
www.burlingame.org/citycontacts

Burlingame's Neighborhood Network:
www.theneighborhoodnetwork.org

San Mateo County's emergency preparedness site:
www.smcready.org

Bay Area preparedness info for special needs and other languages: www.preparenow.org

American Red Cross preparedness information:
www.prepare.org

State of California's Office of Emergency Services:
www.oes.ca.gov

FEMA national preparedness info: www.ready.gov



Free Training

'GET READY' PREPAREDNESS TRAINING



Every citizen is urged to take this free basic disaster preparedness course. In two hours, you will learn how to prepare yourself, your family, your home and your workplace for a major disaster. This class is free to all residents of Burlingame and Hillsborough. Classes are taught by the Central County Fire Department. Advance registration is required; call Lisa Bartolo at Central County Fire Department (650) 558-7668 or email lbartolo@centralcountyfd.org for additional information.

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CERT TRAINING

Community Emergency Response Team (CERT) training provides citizens with the basic skills needed to respond to their community's immediate needs after a disaster as well as during minor emergencies. After making sure you, your family and your neighborhood are safe, you may be asked to help out in another neighborhood. The course consists of six 2½-hour sessions and a final 6-hour session at which participants participate in "hands-on" exercises to demonstrate the skills they have learned. The classes are offered by the Central County Fire Department at no charge. Register in advance with Lisa Bartolo at Central County Fire Department (650) 558-7668 or email lbartolo@centralcountyfd.org



NEIGHBORHOOD NETWORK

The Burlingame Neighborhood Network encourages citizens to work together in neighborhoods to prepare for disasters by gathering data about skills and equipment that will be helpful during an emergency. In the process of getting better acquainted, neighbors are inspired to plan events such as block parties and holiday get-togethers. Their sense of community fosters a Neighborhood Watch awareness that helps prevent crime. Block captains are invited to quarterly meetings to meet one another, share information and hear city updates. For more information about starting a Neighborhood Network group, visit www.theneighborhoodnetwork.org, email info@theneighborhoodnetwork.org or call (650) 347-3576.

CRIME PREVENTION AND NEIGHBORHOOD WATCH

Neighbors can band together to emphasize crime prevention by establishing a Neighborhood Watch group. The program trains citizens to become aware of suspicious activity in their neighborhoods and to report such activities immediately, thereby serving as the eyes and ears of the Police Department. An officer from the Burlingame Police Department will come to your neighborhood meeting to provide tips and hand-outs on home security, personal security, bicycle safety, drug awareness, stranger danger and other topics. Neighborhood groups can purchase Neighborhood Watch stickers and signs to reinforce the message that they are discouraging crime. To learn more, call Sgt. Jim Ford at (650) 777-4100.



✓ Other Training

First Aid, cardiopulmonary resuscitation (CPR) and automatic external defibrillator (AED)



The Central County Fire Department offers cardiopulmonary resuscitation (CPR) and automatic defibrillator (AED) training classes year-round to aid victims of cardiac arrest; for registration and fees call Lisa Bartolo at Central County Fire Department (650) 558-7668 or email lbartolo@centralcountyfd.org



Babysitting Workshop

The Parks & Recreation Department offers a Babysitting Workshop during spring break and summer session for \$63 that trains prospective sitters in fire and earthquake safety, nutrition, baby care, CPR and First Aid. Upon completion of all classes, students may be added to the Parks & Recreation Department's babysitting list for one year. For registration and fees call Parks & Recreation Department at (650) 558-7300.

